

Increasing the prevalence of shared haemodialysis care at Salford Royal Foundation Trust dialysis units

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Salford Royal Foundation Trust consists of 5 dialysis units, caring for 396 in centre Haemodialysis patients (ICHHD). The service has previously been involved in shared care but this aspect of the service had not been maintained. It was recognised in the renal association guidelines 2018 that shared care was an integral aspect of haemodialysis care. In recognition of this, we developed a multidisciplinary shared care team and enrolled in the ShareHD program.

Method

1. Staff were enrolled on the ShareHD course and the current service was reviewed. 3 of our dialysis units (Salford, Wigan & Bolton) were identified to participate in the program.
2. We trialled the ShareHD competency pack in order to ensure training was standardised across all units.
3. We developed training bays across all 3 units, with support from dedicated shared care unit staff.
4. As patients were signed off as competent, they provided peer support to other shared care patients, in the form of a 'buddy'.
5. We also had a patient trainer (Daniel) who was involved in recruitment of patients to shared care and all parts of their training

Results

The number of haemodialysis patients participating in shared care increased from 10 in June 2018 to 59 across 3 dialysis units in December 2018 (Table 1).

Currently 24% of the Salford dialysis unit population participate in shared care, 19% of the Bolton dialysis unit population and 25% of the Wigan dialysis unit population. The age range of patients participating in the ShareHD program is from 20-77 years old.

We have received positive patient feedback through patient questionnaires:

'I feel I now have more knowledge about why I have this treatment'

'community like environment – not a chore to spend time here'

'feel like I have a purpose again'

Discussion

We redeveloped the provision of shared care to dialysis patients in 3 of our units. Staff were engaged and supported by the share HD program. By standardising training and we have been able to replicate the bay training model across units. We have seen a month on month increase in patient uptake and positive staff and patient feedback.

We are now allocating roll out beds from the training bay areas. These patients will be supported by the team and still participate in the peer support buddy program. We have developed a sustainability plan that the program's initial success continues. We are planning to roll out shared care in our other two dialysis units (Rochdale & Oldham). Participation in the program has led to improved patient experience feedback. It has also allowed staff to feel reinvested and valued as members of the team.