

## Actions table:

Score	Action
Less than -0.5	Increase target weight by 1kg (or increase by 0.5kg if current target weight is 45kg or less)
Between +0.5 and -0.5	No action required
Greater than +0.5	Reduce target weight by 1kg (or reduce by 0.5kg if current target weight is 45kg or less)

## Ongoing assessment

Based on the desired course of action, the following ongoing assessments should then be carried out:

Action	Ongoing assessment
No action required	Repeat assessment in 1 month
Target weight requires adjustment (patient stable and not on antihypertensive medication)	Make change and repeat assessment in 2 weeks
Target weight requires adjustment (patient unstable and/or on antihypertensive medication)	Discuss with unit consultant or SpR

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